

# Z DANCE 974

Choreographed by David Linger  
Description: 32 count, 2 wall, beginner/intermediate contra dance  
Musik: Z Dance (Single) by Collectif Métissé  
Position: Dance in columns from front of the room to back. Odd columns face 6:00.  
Even columns face 12:00. The person to your right will always be your partner  
Intro: 16

## 3 WALKS FWD WITH HANDS UP, L HITCH, 3 WALKS BACK, R TOUCH

- 1-4 Step right forward, step left forward, step right forward, hitch l  
Snap fingers high on each step. You will leave your partner on the r. On the hitch shake fists, back to shoulder height by bending the elbows
- 5-8 Step l back, step r back, step l back, touch r together  
You have returned to beside your partner. Option: 4 small jumps back in Zumba style

## VINE R, TOUCH L, L, STEP FWD, TURN ½ RIGHT AND STEP TWICE

- 1-4 Step right side, cross left behind, step right side, touch left together  
Columns 1 and 2, intersect as you pass your partner and beyond  
Option: rolling vine right
- 5-6 Step left forward, turn ½ right (weight to right)
- 7-8 Step left forward, turn ½ right (weight to right)  
Option: push the pelvis forward in Zumba style on the ½ turns

## L SIDE, R TOGETHER, L SIDE, TOUCH R, R SIDE, TOUCH L, L STEP IN PLACE, R TOUCH

- 1-2 Step left slightly side, step right together
- 3-4 Step left slightly side, touch right together  
Columns 1 and 2 are aligned to form a single line. You will be facing your partner
- 5-6 Step right side (bend knees), touch left side
- 7-8 Step left side (bend knees), touch right together  
Optional arm movements in Zumba style

## 4 WALKS WITH TURN ½ R, R ROCKING CHAIR

- Link r elbows with your partner. You will walk ½ around them on the next 4 counts
- 1-2 Step right forward (curving right), step left forward (curving right)
- 3-4 Step right forward (curving right), step left forward (curving right)  
You have now changed places with your partner. You will return to your original place on the next repetition of the dance
- 5-8 Rock right forward, recover to left, rock right back, recover to left
- REPEAT