

SUNSHINE & RAIN

Choreographed by Barbara Lowe
Description: 32 count, 4 wall, ultra beginner straight rhythm line dance
Musik: Sunshine In The Rain by BWO (Bodies Without Organs)
There's A Kind Of Hush by The Carpenters [iTunes]
One Way Or Another by Blondie [iTunes]
Long Haired Lover From Liverpool by The Osmond Brothers

Start dancing on lyrics

GRAPEVINE RIGHT, SIDE TOUCHES

- 1-4 Vine right, touch left together
- 5-6 Step left to side, touch right together
- 7-8 Step right to side touch left together

GRAPEVINE LEFT, SIDE TOUCHES

- 1-4 Vine left, touch right together
- 5-6 Step right to side, touch left together
- 7-8 Step left to side, touch right together

DOUBLE HEEL TOUCHES, HEEL FORWARD, TOE BACK

- 1-2 Touch right heel forward, touch right heel forward
- 3-4 Touch right toe back, touch right toe back
- 5-8 Touch right heel forward, hold (clap), touch right toe back, hold (clap)

TOE STRUTS ¼ JAZZ BOX RIGHT

- 1-2 Step right toe forward, drop right heel
- 3-4 Step left toe forward, drop left heel
- 5-8 Cross right over left, step left back, turn ¼ right and step right forward, step left together

REPEAT

Dem Archiv hinzugefügt: 25-Jul-2007

Alternative Musikvorschläge:

Helena Paparizou	- Set my Heart on Fire	2x (ab beats 4x)	111 bpm
Pixie Lott	- Mama Do	4x	122 bpm
Bon Jovi	- Who says you can't go home	4x	132 bpm
Christina Aguilera	- Keeps getting better	4x ab beat	131 bpm
Steps	- 5,6,7,8	1x	140 bpm
Woolpackers	- Line Dance Party	2x	132 bpm
Dick Brave & The Backbeats	- She's the most	2x	175 bpm