

# SLEEP

Choreographed by Kate Sala  
Description: 32 count, 4 wall, low intermediate line dance  
Musik: Sleep by Allen Stone [102 bpm]  
Intro: 16

STEP R, CROSS, STEP R, TOGETHER, FWD, STEP L, CROSS L, TOGETHER, FWD

1-2 Step r side, cross l over  
3&4 Step r side, step l together, step r fwd  
5-6 Step l side, cross r over  
7&8 Step l side, step r together, step l fwd  
Tag & restart goes here during walls 3 and 6

ROCK FWD, RECOVER, COASTER STEP, STEP TURN  $\frac{1}{4}$  R, CROSS SHUFFLE

1-2 Rock r fwd, recover to l  
3&4 R coaster step  
5-6 Step l fwd, turn  $\frac{1}{4}$  r (weight to r)  
7&8 Crossing chassé l-r-l

STEP R, TOUCH, STEP L, TOUCH, STEP BACK, TOUCH, STEP IN PLACE, STEP TURN  $\frac{1}{2}$  L  
TWICE

1& Step r side, touch l together  
2& Step l side, touch r together  
3&4 Step r back, touch l fwd, step l together  
5-6 Step r fwd, turn  $\frac{1}{2}$  l (weight to l)  
7-8 Step r fwd, turn  $\frac{1}{2}$  l (weight to l)

SHUFFLE FWD, MAMBO STEP, WALK BACK TWICE, SAILOR STEP, TOGETHER

1&2 Chassé fwd r-l-r  
3&4 Rock l fwd, recover to r, step l back  
5-6 Step r back, step l back  
7&8 R sailor step  
& Step l together

REPEAT

TAG & RESTART

After 8 counts on wall 3 facing 6:00 and on wall 6 facing 12:00

ROCKING CHAIR

1-4 Rock r fwd, recover to l, rock r back, recover to l  
Start again from the beginning of the dance

ENDING

To end the dance facing the front, just step turn  $\frac{1}{2}$  right instead of the  $\frac{1}{4}$  turn