

MONY MONY

Choreographed by Maggie Gallagher

Description: Phrased, 1 wall, intermediate line dance

Musik: Mony Mony by The Dean Brothers [141 bpm]

Part A is the verse, Part B is the chorus. It will always be danced Verse-Chorus right through.

PART A

WALK, WALK, POINT, CROSS, POINT, CROSS, FORWARD-ROCK

- 1-2 Step right forward, step left forward
- 3-4 Touch right to side, cross right over left
- 5-6 Touch left to side, cross left over right
- 7-8 Rock right forward, recover to left

¼ RIGHT, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

- 1-2&3 Turn ¼ right and step right to side, clap, clap, clap
- &4&5 Step left together, step right to side, step left together, step right to side
- 6&7-8 Clap, clap, clap, hold

FORWARD-ROCK, TRIPLE ½ TURN, FORWARD-ROCK, TRIPLE ½ TURN

- 1-2 Rock left forward, recover to right
- 3&4 Triple step left, right, left making ½ turn left
- 5-6 Rock right forward, recover to left
- 7&8 Triple step right, left, right making ½ turn right

STOMP, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

- 1-2&3 Stomp left to side, clap, clap, clap
- &4&5 Step right together, step left to side, step right together, step left to side
- 6&7-8 Clap, clap, clap, hold

WALK, WALK, POINT, CROSS, ETC.

- 1-24 Repeat the first 24 counts of Part A

LEFT TOGETHER, LEFT TOUCH, RIGHT TOUCH, LEFT TOUCH

- 1-2 Step diagonally forward left, step right together
- 3-4 Step diagonally forward left, touch right together
- 5-6 Step right diagonally forward, touch left together
- 7-8 Step diagonally forward left, touch right together

TOE STRUT, TURN STRUT, TURN STRUT, TURN STRUT

- 1-2 Touch right to side, drop heel to take weight
- 3-4 Turn ½ right and touch left toe to side, drop heel to take weight
- 5-6 Turn ½ left and touch right toe to side, drop heel to take weight
- 7-8 Turn ½ right and touch left toe to side, drop heel to take weight

Option note: do "hairbrushes" with finger clicks (like in the 60s) on the "yeahs"

PADDLE TURNS (FULL TURN TOTAL)

Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah!

- 1-2 Step right forward, turn $\frac{1}{4}$ left (weight to left)
- 3-4 Step right forward, turn $\frac{1}{4}$ left (weight to left)
- 5-6 Step right forward, turn $\frac{1}{4}$ left (weight to left)
- 7-8 Step right forward, turn $\frac{1}{4}$ left (weight to left)

PART B

STEP, SHIMMY, TOUCH, CLAP, STEP SHIMMY, TOUCH, CLAP

- 1-2 Step diagonally fwd right with knees bent, slide left together shimmying shoulders
- 3-4 Touch left together straightening knees, clap
- 5-6 Step diagonally fwd left with knees bent, slide right together shimmying shoulders
- 7-8 Touch right together straightening knees, clap

BACK STRUT, BACK, STRUT, BACK STRUT, BACK STRUT

- 1-2 Touch right toe back, drop heel to take weight
- 3-4 Touch left toe back, drop heel to take weight
- 5-6 Touch right toe back, drop heel to take weight
- 7-8 Touch left toe back, drop heel to take weight

Option note: do "hairbrushes" with finger clicks (like in the 60s) during these toe-struts

KNEE-POP, HOLD, KNEE-POP, HOLD, KNEE LEFT, RIGHT, LEFT, RIGHT

- 1-2 Pop your left knee in, hold
- 3-4 Pop your right knee in, hold
- 5-6 Pop your left knee in, pop your right knee in
- 7-8 Pop your left knee in, pop your right knee in

ROLLING VINE RIGHT, ROLLING VINE LEFT

- 1-4 Step right, left, right, touch left and clap, making a whole turn right (traveling right)
- 5-8 Step left, right, left, touch right and clap, making a whole turn left (traveling left)

TOE STRUT, TURN STRUT, TURN STRUT, TURN STRUT

- 1-2 Touch right to side, drop heel to take weight
- 3-4 Turn $\frac{1}{2}$ right and touch left toe to side, drop heel to take weight
- 5-6 Turn $\frac{1}{2}$ left and touch right toe to side, drop heel to take weight
- 7-8 Turn $\frac{1}{2}$ right and touch left toe to side, drop heel to take weight

Option note: do "hairbrushes" with finger clicks (like in the 60s) on the "yeahs"

PADDLE TURNS (ONE AND A HALF TURN TOTAL)

Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah!

- 1-2 Step right forward, turn $\frac{1}{4}$ left (weight to left)
- 3-4 Step right forward, turn $\frac{1}{4}$ left (weight to left)
- 5-6 Step right forward, turn $\frac{1}{2}$ left (weight to left)
- 7-8 Step right forward, turn $\frac{1}{2}$ left (weight to left)

REPEAT

Dem Archiv hinzugefügt: 14-Feb-2002