

CELTIC NA LA

Description: 32 count, 2 wall, High Newcomer Line Dance
Choreographer: Syndie BERGER (Dec 2014)
Music: ORLA FALLON - Ni Na La
Intro : 24 counts

CROSS HEEL GRIND TWICE (or CROSS ROCK), STEP ½ TURN, TRIPLE STEP FWD

1 - 2 Cross R heel over L foot - Step L to L side (R toe turning to the R)
& RF beside LF
3 - 4 Cross L heel over R foot - Step R to R side (L toe turning to the L)
& LF beside RF
5 - 6 RF fwd - Pivot ½ turn L (face 6:00)
7 & 8 RF fwd - LF behind RF (&) - RF fwd (triple step)
(Easy version : During counts 1-2 & 3-4, replace heel grind by cross rock.)

CROSS HEEL GRIND TWICE, STEP ½ TURN, TRIPLE STEP FWD

1 - 2 Cross L heel over R foot - Step R to R side (L toe turning to the L)
& LF beside RF
3 - 4 Cross R heel over L foot - Step L to L side (R toe turning to the R)
& RF beside LF
5 - 6 LF fwd - Pivot ½ turn R (face 12:00)
7 & 8 LF fwd - RF behind LF (&) - LF fwd (triple step)
(Easy version : During counts 1-2 & 3-4, replace heel grind by cross rock.)

** TAG : Wall 2 (face 6:00) and wall 4 (face 12:00), add 8 counts and restart the dance from the top.

** FINAL : Wall 8 (face 6:00), replace counts 5-6-7-8 by final and finish to face front wall.

SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS

1 - 2 RF to R side - Recover
3 & 4 Cross RF behind LF - LF to L side (&) - Cross RF over LF
5 - 6 LF to L side - Recover
7 & 8 Cross LF behind RF - RF to R side (&) - Cross LF over RF

JAZZ BOX WITH ½ TURN, HEEL SWITCH, BIG STEP FWD, TOGETHER

1 - 2 Cross RF over LF - Step back on LF with ¼ turn to the R (face 3:00)
3 - 4 RF fwd with ¼ turn to the R (face 6:00) - LF beside RF
5 & 6 R heel fwd - RF beside LF (&) - L heel fwd
& 7-8 LF beside RF (&) - Big step fwd on RF - LF beside RF (weight on LF)

RESTART THE DANCE FROM THE TOP AND KEEP SMILE !!!

** TAG After 16 counts on wall 2 (face 6:00) and wall 4 (face 12:00), add 8 counts and Restart the dance from the top :

HEEL SWITCH - CLAP TWICE - HEEL SWITCH - CLAP TWICE

1 & 2 R heel fwd - RF beside LF (&) - L heel fwd

& 3 LF beside RF (&) - R heel fwd

& 4 Clap your hands twice

& RF beside LF (&)

5 & 6 L heel fwd - LF beside RF (&) - R heel fwd

& 7 RF beside LF (&) - L heel fwd

& 8 Clap your hands twice

& LF beside RF (weight on L)

** FINAL At wall 8 (face 6:00), replace section 2 by this final to finish face front :

1 - 2 Cross L heel over R foot - Step R to R side (L toe turning to the L)

& LF beside RF

3 - 4 Cross R heel over L foot - Step L to L side (R toe turning to the R)

& RF beside LF

5 - 6 LF fwd - Pivot ½ turn R (face 6:00)

7 - 8 LF fwd - Pivot ½ turn R and put your arms up in « V ».

