

WE ONLY LIVE ONCE

Description: 32 count, 4 wall, Absolute Beginner
Choreographer: Anna Korsgaard & Kirsthen Hansen, (DK) Nov. 2014
Music: We Only Live Once - Shannon Noll
Intro: 32 Count from Vocals - No Tags! No Restarts!

WALK FWD, KICK BALL CHANGE, STEP ½ TURN, SHUFFLE FWD

1 - 2 Walk fwd Right, Left.
3 & 4 Kick Right fwd, step ball of Right beside left, step Left beside Right.
5 - 6 Step fwd Right, Pivot ½ turn Left
7 & 8 Step Right fwd, step Left close to Right, step Right fwd.

WALK FWD, KICK BALL CHANGE, STEP ½ TURN, SHUFFLE FWD

1 - 2 Walk fwd Left, Right.
3 & 4 Kick Left fwd, step ball of Left beside Right, step Right beside Left.
5 - 6 Step fwd Left, Pivot ½ Right
7 & 8 Step Left fwd, step Right close to Left, step Left fwd.

CROSS ROCK, CHASSÉ, CROSS ROCK CHASSÉ ¼ TURN

1 - 2 Cross rock Right over Left, recover on Left.
3 & 4 Step Right to Right side, step Left beside Right, step Right to Right side.
5 - 6 Cross rock Left over Right, recover on Right.
7 & 8 Step Left to Left side, step Right beside Left, Make ¼ turn Left stepping fwd on Left.

CROSS ROCK, CHASSÉ, CROSS ROCK CHASSÉ

1 - 2 Cross rock Right over Left, recover on Left.
3 & 4 Step Right to Right side, step Left beside Right, step Right to Right side.
5 - 6 Cross rock Left over Right, recover on Right.
7 & 8 Step Left to Left side, step Right beside Left, step Left to Left side.

REPEAT

Enjoy and have fun.