

SHAKE IT OFF

Description: 64 count, 4 wall, easy intermediate line dance
Choreographer: Alison Biggs & Peter Metelnick, TheDanceFactoryUK - Nov 2014
Music: Shake It Off by Taylor Swift
Intro: Start after 8 count intro if you count slow; 16 if you count it fast -
Start approx. 5 secs into song - [3mins 35secs - 160 bpm]

R FWD STEP/LOCK/STEP/SCUFF, L FWD STEP/LOCK/STEP/SCUFF

1-4 On slight r diagonal: step R fwd, lock L behind R, step R fwd, scuff L fwd

5-8 On slight l diagonal: step L fwd, lock R behind L, step L fwd, scuff R fwd

¼ R JAZZ BOX, 1/8 R HEEL STEP, 1/8 R HEEL STEP

1-4 Cross step R over L, step L back, turning ¼ r step R side, step L fwd (3 o'clock)

5-8 Touch R heel fwd, turning 1/8 r step R down, touch L heel fwd, turning 1/8 r step L down (6 o'clock)

R FWD, TWIST L TOGETHER & TOUCH, L FWD DIAGONAL STEP TOUCH, R BACK DIAGONAL STEP TOUCH

1-4 Step R fwd on r diagonal (bigger step), twist L heel in, twist L toes in, touch L together

5-8 Step L fwd on l diagonal, touch R together, step R back on r diagonal, touch L together

L BACK & HIP BUMPS, ¼ R STEP TOUCH, ½ L STEP SCUFF

1-4 Step L back on l diagonal bumping hips L, bump hips R, bump hips L, touch R together

5-8 Step R side, touch L together turning body ¼ to r, turning body ½ l step L fwd, scuff R fwd (3 o'clock)

TAG/RESTART WALL 7:

During wall 7 which starts facing the back wall, dance the first 32 counts to end facing left side wall. Add the 8 count Tag and Restart the dance facing the back wall.

1-4 Step R fwd, hold, pivot ¼ left, hold

5-8 Bump hips R, L, R, as you sway your hips to the l touch R together

R FWD ROCK/REC., R BACK, L KICK/HITCH, L BACK, R BACK, L BACK ROCK/REC.

1-4 Rock R fwd, recover weight on L, step R back, kick/hitch L

5-6 Step L back, step R back, rock L back, recover weight on R

L SIDE TOE STRUT, R BACK ROCK/REC., GRAPEVINE R

1-4 Touch L toes side, step L down, rock R back, recover weight on L

5-8 Step R side, cross step L behind R, step R side, cross step L over R

R SIDE TOE STRUT, L BACK ROCK/REC., GRAPEVINE L WITH $\frac{1}{2}$ L & SCUFF/HITCH

1-4 Touch R toes side, step R down, rock L back, recover weight on R

5-8 Step L side, cross step R behind L, turning $\frac{1}{4}$ l step L fwd, turning $\frac{1}{4}$ l on L scuff/hitch R (9 o'clock)

R SIDE & BUMP HIPS R, BUMP L, BUMP R, TOUCH R TOGETHER, $\frac{1}{2}$ R MONTEREY
TURN WITH CLAPS

1-4 Step R side bumping hips, bump hips L, bump hip R, bump hips L touching R together

5-8 Point R side, turning $\frac{1}{2}$ r step R together, point L side, step L together (3 o'clock)

(Optional claps on 6-7-8 as you execute the Monterey turn which hits the claps in the song)

BIG ENDING: Step R fwd and strike a pose!

