

ROCK ME

Choreographed by Donna Manning & LeAnne Lesmeister (Mar 2013)
Description: 32 Count, 4 Wall, Beginner
Music: Wagon Wheel by Darius Rucker (The Old Crow Medicine Show or Nathan Carter's 144bpm)
Intro:

L ROCKING CHAIR, STEP L FWD, R TOGETHER, STEP L FWD, HOLD

- 1-2 Left Rock Forward, Recover on Right
- 3-4 Left Rock Back, Recover on Right
- 5-6 Left Forward Step, Right Step Together
- 7-8 Left Forward Step, Pause

R FWD ROCK, R SIDE ROCK, BEHIND, SIDE, CROSS, SWEEP

- 1-2 Right Rock Forward, Recover on Left,
- 3-4 Right Side Rock, Recover on Left
- 5-6 Right Step Behind Left, Left Step to Side
- 7-8 Right Step Across Left, Left Sweep back to front

8 COUNT TOE/HEEL STRUT L JAZZ BOX WITH A ¼ TURN L

- 1-2 Touch Left Toes Across Right, Drop Left Heel
- 3-4 Touch Right Toes Back, Drop Right Heel
- 5-6 ¼ Turn L Touch Left Toes Side, Drop Left Heel
- 7-8 Touch Right Toes Across Left, Drop Right Heel

L GRAPEVINE WITH SCUFF, R GRAPEVINE WITH SCUFF

- 1-2 Left Step to Side, Step Right Behind Left
- 3-4 Left Step to Side, Scuff Right Forward
- 5-6 Right Step to Side, Step Left Behind Right
- 7-8 Right Step to Side, Scuff Left Forward

HAVE FUN!