

POWER OVER ME

Description: 48 cts, 2 wall, Intermediate
Choreographed by: Roy Verdonk (NL), Annette Rosendahl Dam (DK) & Jef Camps (BE) - January 2019
Music: Power Over Me by Dermot Kennedy
Intro: 16 count

SIDE, BEHIND, SIDE, VAUDEVILLE, & HEEL GRIND, BEHIND-SIDE-CROSS

1-2& RF step side, LF cross behind RF, RF step side

3&4& LF cross over RF, RF step slightly to R side, LF dig heel diagonally fwd, LF close next to RF

5-6 RF cross over LF on R-heel, LF step side while twisting on R-heel (toes pointing R)

7&8 RF cross behind LF, LF step side, RF cross over LF

CHASSE, SHUFFLE 1/2 TURN, 1/2 BACK, SWEEP, SAILOR 1/8 TURN

1&2 LF step side, RF close next to LF, LF step side

3&4 $\frac{1}{4}$ turn R & RF step side, LF close next to RF, $\frac{1}{4}$ turn R & RF step fwd (6:00)

5-6 $\frac{1}{2}$ turn R & LF step back, RF sweep backwards (12:00)

7&8 RF cross behind LF, LF step side, RF step into R diagonal (1:30)

BALL, ROCK FWD/REC, COASTER STEP, STEP FWD, SWEEP, 1/8 CROSS SAMBA

&1-2 LF close on ball next to RF, RF rock fwd, recover on LF (still facing 1:30)

3&4 RF step back, LF close next to RF, RF step fwd (still facing 1:30)

5-6 LF step fwd, RF sweep fwd (still facing 1:30)

7&8 $\frac{1}{8}$ turn R & RF cross over LF, LF step side, RF step side (3:00)

KICK, CROSS, TOUCH, BALL, HEEL, BALL, TOUCH, STEP, 1/2 PIVOT, STEP-LOCK-STEP

1&2& LF kick in R diagonal, LF cross over RF, RF touch behind LF, RF step back on ball

3&4 LF dig heel fwd, LF close on ball next to RF, RF touch next to LF

5-6 RF step fwd, make $\frac{1}{2}$ turn L putting weight on LF (9:00)

7&8 RF step fwd, LF lock behind RF, RF step fwd

PRISSY WALKS WITH SWEEPS, CROSS, 1/4 BACK, SHUFFLE 1/2 TURN

1-2 LF step fwd /slightly across RF, RF sweep fwd

3-4 RF step fwd /slightly across LF, LF sweep fwd

5-6 LF cross over RF, make $\frac{1}{4}$ turn L & RF step back (6:00)

7&8 $\frac{1}{4}$ turn L & LF step side, RF close next to LF, $\frac{1}{4}$ turn L & LF step fwd (12:00)

ROCK FWD/REC, SHUFFLE 1/2, ROCK FWD/REC, COASTER CROSS

1-2 RF rock fwd, recover on LF

3&4 $\frac{1}{4}$ turn R & RF step side, LF close next to RF, $\frac{1}{4}$ turn R & RF step fwd (6:00)

5-6 LF rock fwd, recover on RF

7&8 LF step back, RF close next to LF, LF cross over RF

Have fun!

Tag + Restart: in wall 6 there will be step change for counts 31&32 (step-lock-step in 4th section) by adding a 6 count Tag before Restarting the dance to 12:00

31-32 Make $\frac{1}{4}$ turn L & RF step side, hold

1-2-3-4 make half a circle with both hands over 4 counts starting crossed in front of chest, moving down and then sideways/out and going up to the sky

Note:

It seems to be hard to count in the track before starting, it can be easier to start counting like this:

1-2-3-4-5-6 1-2-3-4-5-6 5-6-7-8 and then start dancing

