PLEASE YOURSELF

Description: 32 count, 4 wall, Absolute Beginner

Choreographed by: Dee Musk, Richard Palmer & Lorna Dennis (April 2015)

Music: Garden Party by John Fogerty (feat. Don Henley & Timothy B. Schmit)

Intro: 16 counts (begin on vocals)

FWD, TOUCH, BACK, HOOK, FWD-TOGETHER-FWD, BRUSH

- 1 2 Step R fwd, Touch L behind R
- 3 4 Step L Back, Hook R foot over L knee
- 5 6 Step R fwd, Step L next to R
- 7 8 Step R fwd, Brush L next to R

FWD, TOUCH, BACK, HOOK, FWD- TOGETHER-FWD, BRUSH

- 1 2 Step L fwd, Touch R behind L
- 3 4 Step R Back, Hook L foot over R knee
- 5 6 Step L fwd, Step R next to L
- 7 8 Step L fwd, Brush R next to L

SIDE, TOUCH, ¼ TURN SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH

- 1 2 Step R to R side, Touch L toe next to R
- 3 4 Step L to L side turning a ¼ turn left, Touch R toe next to L
- 5 6 Step R to R side, Touch L toe next to R
- 7 8 Step L to L side, Touch R toe next to L

SIDE-CLOSE-SIDE, DIAG. KICK, SIDE-CLOSE-SIDE, DIAG. KICK

- 1 2 Step R to R side, Close L next to R
- 3 4 Step R to R side, Kick L diagonally across R
- 5 6 Step L to L side, Close R next to L
- 7 8 Step L to L side, Kick R diagonally across L

Alternative Übungsmusik:

Amy Weber - Let It Rain 64ct

Train - Wonder Train 16ct

Eric Hutchinson - Tell The World 48ct