Cut A Rug

Choreographed by Jo & Rita Thompson

Description: 32 count, 2 wall, ultra beginner line dance

Music: Roll Back The Rug by Scooter Lee [158 bpm]

Up! by Shania Twain [128 bpm ECS/Cha]

SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE TOUCH

- 1-2 Step right foot to right side, step together with left foot
- 3-4 Step right foot to right side, touch left foot beside right
- 5-6 Step left foot to left side, step together with right foot
- 7-8 Step left foot to left side, touch right foot beside left

The above 8 counts can be done as a vine right and left by crossing behind on counts 2 and 6

DIAGONAL STEP TOUCH

- 1-2 Step right foot to right front diagonal, touch left foot beside right
- 3-4 Step left foot to left back diagonal, touch right foot beside left
- 5-6 Step right foot to right back diagonal, touch left foot beside right
- 7-8 Step left foot to left front diagonal, touch right foot beside left

FORWARD DIAGONAL SLIDE RIGHT AND LEFT

- 1-2 Step right foot forward to right diagonal, slide left foot together
- 3-4 Step right foot forward to right diagonal, brush/scuff left foot forward
- 5-6 Step left foot forward to left diagonal, slide right foot together
- 7-8 Step left foot forward to left diagonal, brush/scuff right foot forward The above 8 counts can be done with a lock step by crossing slightly behind on counts 2 and 6

STEP, HOLD, ¼ TURN LEFT, HOLD, STEP, HOLD, ¼ TURN LEFT, HOLD

- 1-2 Step forward with right foot, hold
- 3-4 Turn ¼ left, put weight onto left foot, hold
- 5-6 Step forward with right foot, hold
- 7-8 Turn ¼ left, put weight onto left foot, hold

REPEAT

Alternative Musikvorschläge:

George Strait - The Big One langsam

Eagles – How Long

Kelly Clarkson - My Live Would Suck Without You

Michael Martin Murphy - Jukebox

Shakin Stevens - Hitmix