

# WE ONLY LIVE ONCE

Description: 64 counts, 4 wall, intermediate  
Choreographer: Robbie McGowan Hickie - UK (Nov 2014)  
Music: Shannon Noll - We Only Live Once  
Intro: 32 Count from Vocals

2 X WALKS FWD. STEP. PIVOT 1/2 TURN R. STEP. 2 X WALKS FWD. STEP.  
PIVOT 1/2 TURN L. STEP.

1 – 2 Walk fwd on L. Walk fwd on R.

3&4 Step fwd on L. Pivot 1/2 turn R. Step fwd on L.

5 – 6 Walk fwd on R. Walk fwd on L.

7&8 Step fwd on R. Pivot 1/2 turn L. Step fwd on R. (12 o'clock)

DOROTHY STEP DIAGONALLY FWD (L & R). & FWD ROCK. L COASTER CROSS.

1 – 2& Step L Diagonally fwd L. Lock R behind L. Step L Diagonally fwd L.

3 – 4& Step R Diagonally fwd R. Lock L behind R. Step R Diagonally fwd R.

5 – 6 Rock fwd on L. Rock back on R.

7&8 Step back on L. Step R beside L. Cross step L over R. (12 o'clock)

SIDE STEP R. BEHIND. & HEEL JACK. & TOUCH. & L HEEL-BALL-CROSS. 2 X 1/4  
TURNS R.

1 – 2& Step R to R side. Cross L behind R. Step ball of R to R side.

3&4 Touch L heel Diagonally fwd L. Step L back to place. Touch R toe beside Left.

& Step ball of R to R side.

5&6 Touch L heel Diagonally fwd L. Step L back to place. Cross step R over L.

7 – 8 Make 1/4 turn R stepping back on L. Make 1/4 turn R stepping R to R side. (6:00)

CROSS ROCK. CHASSE 1/4 TURN L. 2 X 1/2 TURNS L. R MAMBO FWD.

1 – 2 Cross rock L over R. Rock back on R.

3&4 Step L to L side. Close R beside L. Make 1/4 turn L stepping fwd on L.

5 – 6 Make 1/2 turn L stepping back on R. Make 1/2 turn L stepping fwd on L.

7&8 Rock fwd on R. Rock back on L. Step back on R. (3 o'clock)

2 X WALKS BACK. L SAILOR. R SAILOR 1/4 TURN R. L SHUFFLE FWD.

1 – 2 Walk back on L. Walk back on R.

3&4 Cross L behind R. Step R to R side. Step L to L side.

5&6 Cross R behind L. Make 1/4 turn R stepping L beside R. Step fwd on R.

7&8 L shuffle fwd stepping L. R. L. (6 o'clock)

STEP. PIVOT 1/2 TURN L. R KICK-BALL-STEP FWD. HEEL SWITCHES & R LOCK  
STEP FWD

1 - 2 Step fwd on R. Pivot 1/2 turn L.

3&4 Kick R fwd. Step ball of R beside L. Step fwd on L. (12 o'clock)

5&6 Touch R heel fwd. Step R back to place. Touch L heel fwd.

&7&8 Step L back to place. Step fwd on R. Lock step L behind R. Step fwd on R.

L CROSS ROCK. & R CROSS ROCK. & CROSS. 1/4 TURN L. L SHUFFLE 1/2 TURN L.

1 - 2& Cross rock L over R. Rock back on R. Step L to L side.

3 - 4& Cross rock R over Left. Rock back on L. Step R to R side.

5 - 6 Cross step L over R. Make 1/4 turn L stepping back on R.

7&8 L shuffle making 1/2 turn L stepping L. R. L (3 o'clock)

R MAMBO FWD. L COASTER STEP. FWD ROCK. R SHUFFLE 1/2 TURN R.

1&2 Rock fwd on R. Rock back on L. Step back on R.

3&4 Step back on L. Step R beside L. Step fwd on L.

5 - 6 Rock fwd on R. Rock back on L.

7&8 R shuffle making 1/2 turn R stepping R. L. R. (Facing 9 o'clock)

