

## 2 HELL AND BACK

Choreographed by Rob Fowler & Kate Sala  
Description: 32 count, 2 wall, beginner line dance  
Musik: If You're Going Through Hell by Rodney Atkins 116 bpm  
Start dancing on lyrics

### RIGHT SIDE ROCK, CROSS SHUFFLE, SIDE ¼ TURN RIGHT, CROSS SHUFFLE

1-2 Rock right to side, recover to left  
3&4 Crossing chassé right, left, right  
5-6 Step left to side, turn ¼ right and step right to right side  
7&8 Crossing chassé left, right, left

### RIGHT SIDE ROCK, CROSS SHUFFLE, SIDE ¼ TURN RIGHT, CROSS SHUFFLE

1-2 Rock right to side, recover to left  
3&4 Crossing chassé right, left, right  
5-6 Step left to side, turn ¼ right and step right to right side  
7&8 Crossing chassé left, right, left

### TOUCH RIGHT SIDE, TOUCH LEFT HEEL FORWARD, RIGHT KICK AND COASTER, STEP FORWARD, TOUCH STEP BACK

1&2 Touch right to side, step right together, touch left heel forward  
&3 Step left foot back next to right, kick right forward  
4&5 Right coaster  
6-7-8 Step left forward, touch right toe next to left, step right back

### LEFT SHUFFLE BACK, RIGHT COASTER STEP, WALK CLAP WALK CLAP, LEFT SIDE ROCK CROSS

1&2 Chassé back left, right, left  
3&4 Right coaster step  
5&6& Step left forward, clap, step right forward clap  
7&8 Rock left to side, recover to right, cross left over right

### REPEAT

Dem Archiv hinzugefügt: 22-Mar-2007

### Alternative Musikvorschläge:

Susan Ashton - Closer  
Keith Urban - Who wouldn't wanna be me ; Somebody like you  
Shania Twain - Up!  
Bekka & Billy - Hickory Lake