

L D F (LET'S DANCE FOREVER)

Description: 32 count, 4 wall, beginner line dance
Choreographed by Alison Biggs & Peter Metelnick
Musik: Boogie Shoes by Cast Of Glee
Outta Control (Original Radio Edit) by De-Lano Feat Francisco

Start dancing on lyrics

L/R STEP TOUCHES (WITH ATTITUDE), L SIDE, TOUCH R IN-OUT-IN

- 1-2 Step left side, touch right together
- 3-4 Step right side, touch left together
Optional styling: on the touches try cross touching over the opposite foot
- 5-6 Step left side, touch right together
Optional styling: cross touch on count 6
- 7-8 Touch right side, touch right together

GRAPEVINE R, L TOUCH, GRAPEVINE L WITH $\frac{1}{4}$ L TURN, R HITCH OR SCUFF

- 1-4 Step right side, cross left behind, step right side, touch left together
- 5-6 Step left side, cross right behind
- 7-8 Turn $\frac{1}{4}$ left and step left fwd, hitch right (or scuff right fwd) (9:00)

WALK FWD 3, L TOUCH, BOOGIE WALKS BACK X 4

- 1-4 Step right fwd, step left fwd, step right fwd, touch left fwd
- 5-6 Step left back and swivel right heel in, step right back and swivel left heel in
Weight tends to stay on balls of the feet
- 7-8 Step left back and swivel right heel in, step right back and swivel left heel in

L BACK TO L DIAGONAL STEP TOUCH, HIP BUMPS, R SIDE STEP TOUCH, HIP BUMPS

- 1-2 Step left diagonally back, touch right together
- 3-4 Hip right, hip left (weight to left)
- 5-6 Step right side, touch left together
- 7-8 Hip left, hip right (weight to right)

REPEAT

Fun option on the hip bumps double time them so the timing would be:

- 3&4& Hip right, hip left, hip right, hip left
- 7&8& Hip left, hip right, hip left, hip right

Dem Archiv hinzugefügt: 8-Feb-2013

Alternative Übungsmusik:

- Omi - Cheerleader 32/64/96ct.
- Jason Derulo - The Other Side 8ct. mit Tag
- Lance Bass & Anise - Walking On Air 32 ct.