

# STRIP IT DOWN

Description: 32ct, 4 wall, Intermediate NC2S  
Choreographed by: Rachael McEnaney-White (UK/USA) Oct. 2015  
Music: Strip It Down - Luke Bryan. Approx 4.01 mins Approx 69 bpm  
Intro: 16 counts from start of track, dance begins on vocals.

## R NIGHTCLUB BASIC, L NIGHTCLUB BASIC, $\frac{1}{4}$ TURN R INTO SERPIENTE

1 2& Step R to r side, close L slightly behind R, cross R over L, 12.00

3 4& Step L to l side, close R slightly behind L, cross L over R 12.00

5 6& Make  $\frac{1}{4}$  turn r stepping fwd R as you sweep L, cross L over R, step R to r side, 3.00

7 8& Cross L behind R as you sweep R, cross R behind L, step L to l side 3.00

## R CROSS ROCK, R SIDE ROCK, R BEHIND, L SIDE, R CROSS, L SIDE ROCK WITH $\frac{1}{4}$ TURN R, L ROCKING CHAIR, $\frac{3}{4}$ TURN R

1&2& Cross rock R over L, rec. weight L, rock R to r side, rec. weight L 3.00

3&4 Cross R behind L, step L to l side, cross R over L 3.00

5&6& Rock L to l side, make  $\frac{1}{4}$  turn r as you rec. weight R, rock fwd L, recover weight R, 6.00

7&8& Rock back L, rec. weight R, make  $\frac{1}{2}$  turn r stepping back L, make  $\frac{1}{4}$  turn r stepping R to r side 3.00

## L CROSS, R SIDE ROCK, R CROSS WITH L SWEEP, L CROSS, R SIDE, HALF DIAMOND FALL AWAY, L CROSS, $\frac{1}{4}$ TURN L

1 2&3 Cross L over R, rock R to r side, rec. weight L, cross R over L as you sweep L 3.00

4 & 5 Cross L over R, step R to r side, make 1/8 turn l stepping back L 1.30

6 & 7 Step back R, make 1/8 turn l stepping L to l side, make 1/8 turn l stepping fwd R 10.30

8 & Cross L over R (squaring up to 9.00), make  $\frac{1}{4}$  turn l stepping back R 6.00

## $\frac{1}{4}$ TURN L INTO 'SINGLE-SINGLE-DOUBLE L', R SIDE, L TOUCH, L SIDE, R TOUCH, ROLLING VINE R, L CROSS

1&2& Make  $\frac{1}{4}$  turn l stepping L to l side, touch R next to L, step R to r side (slightly fwd), touch L next to R 3.00

3 & 4 Step L to l side (slightly fwd), step R next to L, step L to l side (slightly fwd) 3.00

5&6& Step R to r side (slightly fwd), touch L next to R, step L to l side (slightly fwd) (6), touch R next to L 3.00

7&8& Make  $\frac{1}{4}$  turn r stepping fwd R, make  $\frac{1}{2}$  turn r stepping back L, make  $\frac{1}{4}$  turn r stepping R to r side, cross L over R 3.00

Styling: Counts 1 - 6& should have a 'groove' to it, sway into each step using hips, it moves very slightly forward.

## HAPPY DANCING