

# DOCK OF THE BAY

Description: 64 count, 4 wall, Improver / Intermediate  
Choreographed by: Rachael McEnaney-White (UK/USA) October 2015  
Music: "Sittin' On The Dock Of The Bay" by Nils Landgren & Joe Sample 100bpm  
Intro: 16

## SKATE R, SKATE L, R DIAG. SHUFFLE, SKATE L, SKATE R, L DIAG. SHUFFLE

1 - 2 Skate R to r diagonal (1), skate L to l diagonal (2)  
3&4 Step R to r diagonal (3), step L next to R (&), step R to r diagonal (4) 12.00  
5 - 6 Skate L to l diagonal (5), skate R to r diagonal (6),  
7&8 Step L to l diagonal (7), step R next to L (&), step L to l diagonal (8) 12.00

## R CROSS ROCK, R CHASSE, L CROSS, R SIDE, L BEHIND, ¼ TURN R

1 - 2 Cross rock R over L (1), recover weight L (2),  
3&4 Step R to r side (3), step L next to R (&), step R to r side (4) 12.00  
5 - 6 Cross L over R (5), step R to r side (6),  
7 - 8 Cross L behind R (7), make ¼ turn r stepping fwd R (8) 3.00

## L FWD SHUFFLE, R FWD ROCK, ½ R SHUFFLE TURN, ½ R L SHUFFLE TURN

1&2 Step fwd L (1), step R next to L (&), step fwd L (2),  
3 - 4 Rock fwd R (3), recover weight L (4) 3.00  
5&6 Make ½ turn r stepping fwd R (5), step L next to R (&), step fwd R (6) 9.00  
7&8 Make ½ turn r stepping back L (7), step R next to L (&), step back L (8)  
(Easy option counts 5 - 8: R shuffle back, L shuffle back) 3.00

## WALK BACK R-L, R BACK TOE STRUT, L BACK ROCK, L FWD, ¼ PIVOT R

1 - 2 Step back R (1), step back L (2),  
3 - 4 Touch R toe back (3), drop R heel to floor (4)  
(Styling: Don't accent the toe strut, keep a groove going...also as you step back R take R shoulder back and same for L etc) 3.00  
5 - 6 Rock back L (5), recover weight R (6),  
7 - 8 Step fwd L (7), pivot ¼ turn r (8) 6.00

## L CROSS TOE STRUT WITH HIP BUMPS, R SIDE TOE STRUT WITH HIP BUMPS, L CROSS, R SIDE, L SAILOR

1&2 Touch ball of L across R as you bump hips l (1), bump hips r (&), drop L heel to floor as you bump hips l (2) 6.00  
3&4 Touch ball of R to r side as you bump hips r (3), bump hips l (&), drop R heel to floor as you bump hips r (4) 6.00  
5 - 6 Cross L over R (5), step R to r side (6),  
7&8 Cross L behind R (7), step R next to L (&), step L to l side (8) 6.00

R CROSS TOE STRUT WITH HIP BUMPS, L SIDE TOE STRUT WITH HIP BUMPS, R CROSS, L SIDE, R SAILOR WITH  $\frac{1}{4}$  TURN R

1&2 Touch ball of R across L as you bump hips r (1), bump hips l (&), drop R heel to floor as you bump hips r (2) 6.00

3&4 Touch ball of L to l side as you bump hips l (3), bump hips r (&), drop L heel to floor as you bump hips l (4) 6.00

5 - 6 Cross R over L (5), step L to l side (6),

7&8 Cross R behind L (7), make  $\frac{1}{4}$  turn r stepping L next to R (&), step fwd R (8) 9.00

DIAGONAL STEP TOUCHES, R ROCK FWD, R COASTER STEP

& 1-2 Step diagonally fwd L (&), touch R next to L (1), hold (2) 9.00

&3&4 Step diagonally fwd R (&), touch L next to R (3), step diagonally fwd L (&), touch R next to L (4) 9.00

5 - 6 Rock fwd R (5), recover weight L (6),

7&8 Step back R (7), step L next to R (&), step fwd R (8) 9.00

L JAZZ BOX WITH  $\frac{1}{4}$  TURN L, L JAZZ BOX WITH  $\frac{1}{4}$  TURN L TRIPLE STEP (CHASSE)

1 - 2 Cross L over R (1), step back R (2),

3 - 4 Make  $\frac{1}{4}$  turn L stepping L to l side (3), step fwd R (4) 6.00

5 - 6 Cross L over R (5), step back R (6),

7&8 Make  $\frac{1}{4}$  turn L stepping L to l side (and slightly fwd) (7), step R next to L (&), step L to l side (and slightly fwd) (8) 3.00

START AGAIN

RHEDA-WIEDENBRÜCK